

KEY:

Red: Proof of residence and/or identification is required

Blue: only certain days of each month

Pantries with no specific day/hours

Bethany House: Call for info

Brighton Food Cupboard: call for appointment, **14607, 14610, 14618, 14620**

Grace Covenant Food Closet: once every 2 months by appointment only. **Gates Chili area**

Greece Ecumenical Food Shelf Inc.: call for hours, serves **Greece, Charlotte, Rochester (north of Ridge Road West)**

Hilton-Parma Community Council: call for appointment, **Hilton School District**, delivery only

Holy Cross Church City NW: call for appointment, **Charlotte area only**

Jewish Family Service: by appointment only, **Penfield, Brighton, Irondequoit, Pittsford**, serves Jewish individuals regardless of residence

Life Solutions of Hamlin: call for appointment, **14464** N. of Ridge Rd to the lake, E. of Redman Rd.

Mount Carmel House: call for info

Penfield Ecumenical Food Shelf: by appointment only, **14625, 14626**

Rochester Rehabilitation Ctr: Emergency food pantry for clients

Salvation Army city downtown: call for info

SWEM Community Services: call for appointment, **SW Rochester, Gates, Scottsville, Ogden, & Churchville**

Webster Comm. Chest: by appointment, **Webster residents**

YWCA: call for appointment, **Rochester/Monroe County**

Zion Hill Missionary Baptist: call for info

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Church of Annunciation – deliveries, every 3rd, North East</p> <p>Mt. Vernon Baptist – weekend emergencies, call, 14605</p>	<p>Bethesda Church – 10am-3pm, Monroe County</p> <p>Catholic Family Center – 9am-12pm & 1-4pm, Monroe County</p> <p>Church of Love – 10am-12pm, 14608, 14611, 14619, others as needed</p> <p>Community Place – Walk-ins 9am-3pm, 14607, 14609, 14610, 14621, parts of 14605</p> <p>E. Rochester Comm. Resource Ctr. – 9am-2pm, Monroe County (needy only)</p> <p>Calvary St. Andrews' Emergency Food Cupboard – 9am-2:30pm, Monroe County</p> <p>Honeoye Falls Friends in Service Here – 8am-5pm, Honeoye Falls, Mendon, West Bloomfield deliveries only</p> <p>Maplewood Edgerton Emergency Cupboard – 9-11:30am, 14613, 14615, parts of 14606 & 14608</p> <p>Mt. Vernon Baptist – 10am-2pm, 14605</p> <p>New Bethel CME Church – 11am-4pm, call for service area</p> <p>Our Lady of Perpetual Help – every 3rd, 1-3pm, call for appointment, 14621</p> <p>Perinton Food Shelf – 9am-5pm, 14450</p> <p>Rush-Henrietta Area Food Terminal – 9am-3pm, Rush-Henrietta school district & parts of 14467, 14623, 14586 & 14543</p>	<p>Bethesda Church – 10am-12pm, Monroe County</p> <p>Catholic Family Center – 9am-12pm & 1-4pm, Monroe County</p> <p>Church of Annunciation – 9am-4pm, North East</p> <p>Community Place – by appointment 9am-4pm, 14607, 14609, 14610, 14621, parts of 14605</p> <p>E. Rochester Comm. Resource Ctr. – 9am-2pm, Monroe County (needy only)</p> <p>Calvary St. Andrews' Emergency Food Cupboard – 9am-2:30pm, Monroe County</p> <p>First Assembly of God – 8-10:30am, 14606, 14608, 14613</p> <p>Food Relief Coalition – every 4th, 6-8pm and by appointment, 14423, 14511, parts of 14462</p> <p>Honeoye Falls Friends in Service Here – 8am-5pm, Honeoye Falls, Mendon, West Bloomfield deliveries only</p> <p>IBERO – 1-3pm, Monroe County</p> <p>Lifetime Health – 9am-3pm, 14621</p> <p>Maplewood Edgerton Emergency Cupboard – 9-11:30am, 14613, 14615, parts of 14606 & 14608</p> <p>Mt. Vernon Baptist – 10am-2pm, 14605</p> <p>New Life Presbyterian – 9:30am-12pm Sept.-June, 14607, 14610, 14620</p>	<p>Bethesda Church – 10am-12pm, Monroe County</p> <p>Community Place – by appointment 9am-4pm, 14607, 14609, 14610, 14621, parts of 14605</p> <p>E. Rochester Comm. Resource Ctr. – 9am-2pm, Monroe County (needy only)</p> <p>Calvary St. Andrews' Emergency Food Cupboard – 9am-2:30pm, Monroe County</p> <p>God's Work Pentecostal – 3:30-5pm, greater Rochester area</p> <p>Honeoye Falls Friends in Service Here – 8am-5pm, Honeoye Falls, Mendon, West Bloomfield deliveries only</p> <p>House of Mercy – 1-3pm, Monroe County</p> <p>Memorial AME Zion – 5-6pm, Rochester area</p> <p>Mt. Vernon Baptist – 10am-2pm, 14605</p> <p>New Bethel CME Church – 11am-4pm, call for service area</p> <p>Outreach Temple Church of God in Christ – every 3rd & 4th, 14606 & 14608</p> <p>Perinton Food Shelf – 9am-5pm, 14450</p> <p>Reformation Lutheran – last of the month 11:30am-1pm, call for appointment, Monroe County</p> <p>Rush-Henrietta Area Food Terminal – 9am-3pm, Rush-Henrietta school district & parts of 14467, 14623, 14586 & 14543</p>	<p>Bethesda Church – 10am-12pm, Monroe County</p> <p>Brockport Ecumenical Emergency Food Shelf – 1st 4 of the month, 9am-12:30pm, 2-6:30pm, Brockport school district south of Ridge Rd</p> <p>Catholic Family Center – 9am-12pm & 1-4pm, Monroe County</p> <p>Church of Annunciation – 9am-4pm, North East</p> <p>Community Place – by appointment 9am-4pm, 14607, 14609, 14610, 14610, 14621, parts of 14605</p> <p>E. Rochester Comm. Resource Ctr. – 9am-2pm, Monroe County (needy only)</p> <p>Calvary St. Andrews' Emergency Food Cupboard – 9am-2:30pm, Monroe County</p> <p>Faith Temple – 11:30am-2pm, 14619</p> <p>First Assembly of God – 8-10:30am, 14606, 14608, 14613</p> <p>Honeoye Falls Friends in Service Here – 8am-5pm, Honeoye Falls, Mendon, West Bloomfield deliveries only</p> <p>IBERO – 10am-12pm, Monroe County</p> <p>Maplewood Edgerton Emergency Cupboard – 9-11:30am, 14613, 14615, parts of 14606 & 14608</p> <p>Mt. Vernon Baptist – 10am-2pm, 14605</p>	<p>Antioch Baptist – bread distribution, 10am-12pm, North Side</p> <p>Catholic Family Center – 9am-12pm & 1-4pm, Monroe County</p> <p>Church of Love – 6-7pm, 14608, 14611, 14619, others as needed</p> <p>Community Place – Walk-ins 9am-3pm, 14607, 14609, 14610, 14621, parts of 14605</p> <p>E. Rochester Comm. Resource Ctr. – 9am-2pm, Monroe County (needy only)</p> <p>Calvary St. Andrews' Emergency Food Cupboard – 9am-2:30pm, Monroe County</p> <p>Honeoye Falls Friends in Service Here – 8am-5pm, Honeoye Falls, Mendon, West Bloomfield deliveries only</p> <p>Lifetime Health – 9am-3pm, 14621</p> <p>Maplewood Edgerton Emergency Cupboard – 9-11:30am, 14613, 14615, parts of 14606 & 14608</p> <p>Mt. Vernon Baptist – 10am-2pm, 14605</p> <p>New Bethel CME Church – 11am-4pm, call for service area</p> <p>Perinton Food Shelf – 9am-5pm, 14450</p> <p>Pittsford Food Cupboard – 10am-2pm, 14534, 14445, 14620, 14607, 14618, 14610</p>	<p>Full Gospel Tabernacle 'Food for Life' – 10-11am, 14621</p> <p>Grace Community Church Ministries – 12-2pm, Monroe County</p> <p>Irondequoit Community Cupboard – deliveries by appointment only, Irondequoit</p> <p>Maplewood Edgerton Emergency Cupboard – every 3rd & 4th 9:30-11:30am, 14613, 14615, parts of 14606 & 14608</p> <p>Mt. Vernon Baptist – weekend emergencies, call, 14605</p>

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Spencerport Ecumenical Food Shelf – 9am-5pm, **Spencerport school district and parts of N. Chili** – deliveries only

Third Presbyterian Church – 9:30am-12pm, **14605, 14607, 14610**

Dimitri House – by appointment only, **14604, 14605, 14607, 14609**

Cameron Community Ministries – 9:30-11:30am by appointment, **Monroe County**

Perinton Food Shelf – 9am-5pm, **14450**

Pittsford Food Cupboard – 10am-2pm, **14534, 14445, 14620, 14607, 14618, 14610**

Puerto Rican Youth Development & Resource Ctr. – 9am-12pm by appointment, **14621 & 14605**

Rush-Henrietta Area Food Terminal – 9am-3pm, **Rush-Henrietta school district & parts of 14467, 14623, 14586 & 14543**

Sharing Our Bread – 6-7pm, **14609**

Spencerport Ecumenical Food Shelf – 9am-5pm, **Spencerport school district and parts of N. Chili** – deliveries only

Tabernacle of Joyful Praise – 10am-1pm by appointment, **Charlotte and city**

Unified Mission – 9am-12pm & 1:30-4pm, **Monroe County**

Cameron Community Ministries – 9:30-11:30am by appointment, **Monroe County**

Spencerport Ecumenical Food Shelf – 9am-5pm, **Spencerport school district and parts of N. Chili** – deliveries only

Unified Mission – 9am-12pm & 1:30-4pm, **Monroe County**

Volunteers of America – every 1st & last, call for appointment, **14611, 14613**

Dimitri House – by appointment only, **14604, 14605, 14607, 14609**

Cameron Community Ministries – 9:30-11:30am by appointment, **Monroe County**

New Life Presbyterian – 9:30am-12pm Sept.-June, SE **14607, 14610, 14620**

Perinton Food Shelf – 9am-5pm, **14450**

Puerto Rican Youth Development & Resource Ctr. – 9am-12pm by appointment, **14621 & 14605**

Rush-Henrietta Area Food Terminal – 9am-3pm, **Rush-Henrietta school district & parts of 14467, 14623, 14586 & 14543**

Spencerport Ecumenical Food Shelf – 9am-5pm, **Spencerport school district and parts of N. Chili** – deliveries only

Tabernacle of Joyful Praise – 10am-1pm by appointment, **Charlotte and city**

Third Presbyterian Church – 9:30am-12pm, **14605, 14607, 14610**

Cameron Community Ministries – 9:30-11am by appointment

Dimitri House – by appointment only, **14604, 14605, 14607, 14609**

Rush-Henrietta Area Food Terminal – 9am-3pm, **Rush-Henrietta school district & parts of 14467, 14623, 14586 & 14543**

Spencerport Ecumenical Food Shelf – 9am-5pm, **Spencerport school district and parts of N. Chili** – deliveries only

Dimitri House – by appointment only, **14604, 14605, 14607, 14609**

Soup Kitchens/Free meals

A Meal and More at Christ Church

141 East Ave, Rochester

Wed serving time: 12pm;. & Sun serving time: 1:30pm

Open Door Mission

210 W. Main St, Rochester

Mon-Sun, Community meal, 6:45pm

Cameron Community Ministries

48 Cameron St, Rochester

Mon-Sat 12-1:30pm

Corpus Christi Church-Dimitri House

102 N. Union St, Rochester

Drop in program, Tues, Wed, Thurs, 1:30-4:30

Family Restoration Projects

360 Wellington Ave, Rochester

Freddie Thomas Foundation

147 Liberty Pole Way, Rochester