

## Is it hard to apply for SNAP?

Not at all. Application forms are shorter and simpler. You can even submit an application online at your local NOEP's office. You may also be able to have your interview over the phone rather than having to go in to Social Services.

## How do I use SNAP?

Using SNAP is easy and discreet. Just shop for your food, go to the checkout, swipe your SNAP card, enter your PIN, and whatever amount isn't covered by your SNAP benefit, you pay for yourself.

## Where can I use SNAP?

You can use SNAP at any participating businesses, including, but not limited to, supermarkets, dollar stores, convenience stores, farmer's markets, and co-ops. SNAP helps bring federal dollars into your community.



For a free confidential  
SNAP prescreening  
and/or for application  
assistance in Monroe  
County, call:

## NOEP Nutrition Outreach and Education Program

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# Know the Facts About SNAP!



**The Nutrition Outreach and  
Education Program**

**Legal Assistance of Western  
New York, Inc. ®**

**Serving Monroe County**

The Supplemental Nutrition Assistance Program (SNAP) is a program that can boost your monthly budget for purchasing groceries.

- You may be eligible to receive SNAP benefits even if you own a home, a car, or have money in the bank.
- You can receive SNAP benefits and still receive WIC, Meals-On-Wheels, and other benefit programs.
- SNAP benefits are now automatically deposited on an Electronic Benefits Transfer card (EBT). It works just like a debit card and is private and discreet.

### Income Guidelines

October 1, 2015 – September 30, 2016

Household size	Persons younger than 60 and not disabled maximum monthly Income (130%)	Persons younger than 60 and not disabled maximum monthly Income (150%)	Households w/ at least one person 60 or older and/or disabled maximum monthly income
1	\$1,276	\$1,472	\$1,962
2	\$1,726	\$1,992	\$2,655
3	\$2,177	\$2,512	\$3,348
4	\$2,628	\$3,032	\$4,042
5	\$3,078	\$3,552	\$4,735
6	\$3,529	\$4,072	\$5,428
7	\$3,980	\$4,592	\$6,122
8	\$4,430	\$5,112	\$6,815
Each additional person	+ \$451	+ \$520	+ \$693

## What is NOEP?

The Nutrition Outreach and Education Program (NOEP) offers you a free and confidential prescreening to help you find out if you may be eligible for SNAP.

### WHAT NOEP CAN DO FOR YOU:

- Help you complete and submit the application.
- Help you gather, copy, and submit the supporting paperwork that you need to apply for SNAP.
- Inform you of your rights as a SNAP applicant, and advocate on your behalf to ensure your rights are being met according to SNAP regulations.



## SNAP Helps Many People

- **Working:**  
Many working people may qualify for SNAP.
- **60 Years of Age or Older:**  
You may qualify even if you receive Social Security or retirement benefits. SNAP can help you better afford healthy, nutritious foods.
- **Unemployed:**  
SNAP can help you get by between jobs.
- **Disabled:**  
You may qualify for SNAP even if you receive SSI/ SSD benefits.
- **Immigrants:**  
Many immigrants who were not eligible before may now get SNAP.

